

2026 UVA Heart Failure Symposium

Date: Saturday February 28th, 2026

Time: 8:30 AM – 4:30 PM

A *live*, hybrid conference.

Overview

This symposium is designed to enhance learners' competencies in the management of heart failure by exploring current trends, critical issues, and emerging therapies. Through the use of case studies, expert panels, and interactive Q&A sessions, participants will engage in practical, real-world learning that supports application to clinical practice. Attendees will expand their knowledge base and clinical insight to support evidence-based practice, with the ultimate goal of improving care delivery and patient outcomes across specialized and continuum care settings. This activity is intended for healthcare professionals involved in the care of patients with heart failure, ranging from novice clinicians seeking foundational knowledge to seasoned clinicians aiming to refine and expand their expertise.

Locations

- Hillsdale Conference Center, 550 Hillsdale Drive, Charlottesville, VA or
- Virtually, through Zoom

Agenda

8:30	Check-In, Exhibitors, and Breakfast (provided for in-person participants)
8:55	Welcome S. Craig Thomas, MSN, RN, ACNP, CHFN
9:00	Right Heart Catheterization Hemodynamics Salim Najjar, MD
10:00	Inflammatory Heart Disease Basics James Bergin, MD
11:00	Break and Exhibitors
11:15	Heart Failure with Preserved Ejection Fraction Jonathan A. Pan, MD, MBS, MS
12:15	Exhibitors (for in-person participants)
12:30	Lunch (provided for in-person participants)
1:00	Remote Device Monitoring Mirenla Byku, MD, PhD
2:00	Titrating Guideline-Directed Medical Therapy Pharmacy Abigail Mathes, PharmD
3:00	Break
3:15	Panel Presentation: Managing a Complex Heart Failure Patient Moderator: Teresa Radford, BSN, CMSRN, Jack Hooppaw, MSW, Amber Inofuentes, MD, Daniel F. McCarter, MD, FFAFP, Mary Wade, BSN, RN
4:15	Closing Remarks and Evaluation

Faculty and Planning Committee

All are affiliated with UVA unless otherwise noted.

S. Craig Thomas, MSN, RN, ACNP, CHFN,
Course Director, Manager for Ambulatory Advanced Practice Providers, Department of Cardiology – Advanced Heart Failure Center⁺

Heather Ball, RN, Symposium Coordinator, Heart Failure Navigator, Heart and Vascular Center⁺

James Bergin, MD, Medical Director, Heart Failure and Transplantation Cardiology, Director, Coronary Care Unit

Mirenla Byku, MD, PhD, Associate Professor of Medicine, Director, Heart Failure/Transplant

Carolyn Brady, MSN, RN, ACNP,
Cardiovascular Medicine⁺

Elizabeth Enfield, RN, Heart Failure Nurse Navigator, Heart and Vascular Center⁺

Theresa Guyton, MSN, RN, AG-ACNP, Cardiovascular Medicine⁺

Kate Higginson, PA-C, Cardiovascular Medicine⁺

Amber N. Inofuentes, MD, Founding Provider, Medicine HOME, Associate Professor of Medicine

Jack Hooppaw, MSW, Supervisee in Social Work, Social Worker, Medicine Home

Abigail Mathes, PharmD, Clinical Pharmacist, Cardiology and Internal Medicine

Daniel F. McCarter, MD, FFAFP, Professor of Family Medicine, Medical Director – Practice Innovation

Rebekah McGehee, RN, RN Care Coordinator⁺

Salim Najjar, MD, Cardiology Fellow

Kathleena Pace Morris, LPN, Advanced Heart Failure⁺

Jonathan A. Pan, MD, MBS, MS, Assistant Professor of Medicine, Cardiologist, Heart and Vascular Center

Teresa Radford, BSN, CMSRN,
Clinical Program Coordinator, Medicine Home

Angela Strickler, MSN, RN, AG-ACNP,
Cardiovascular Medicine⁺

Mary Wade, BSN, RN, Medicine Home

Linda Hanson, MSM, School of Nursing Continuing Education Program Manager⁺

+ Planning Committee Member

Target Audience

Nurses, Advanced Practice Nurses, Physician Assistants, Physicians, Pharmacists, Social Workers, Nutritionists, and members of the health care team caring for individuals with heart failure.

Desired Outcomes

Upon completion of this learning activity, participants should be able to:

- provide detailed patient education related to RHC procedure results
- identify two common diagnosis that are associated with inflammatory heart disease
- articulate two treatment options for persons with valvular disease
- describe centralized monitoring approaches for cardiac devices
- guide patients on how to obtain heart failure Guideline Directed Medical Therapy (GDMT)

Accreditation & Designation Statements



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 6.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

UVA Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

UVA Health Continuing Education awards up to 6.0 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

UVA Health Continuing Education, as an accredited provider, awards 6.0 hours of participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity.

UVA Health Continuing Education maintains a record of participation for six (6) years.

Requirements for Successful Completion of the Course

Symposium participants requesting credit are required to complete the post-activity evaluation for the symposium sessions in which they participate.

Questions?

Contact Linda Hanson, School of Nursing Continuing Education Program Manager, lh3x@virginia.edu, 434-982-4136.

Credit Offered

6.0 IPCE Credits
6.0 Contact Hours
6.0 AAPA Category 1 CME Credits
6.0 Hours of Participation

Registration (closes February 22nd, 2026)

Register and pay [through this link](#)
or scan the QR code with your smart phone:



Please note the cancellation policy,
also on this website:

<https://uva.cloud-cme.com/uva-heart-failure-symposium-2026>

Fees:	through Feb. 8	Feb. 9 through 22
• Attendee	\$50	\$60
• UVA Employee	\$25	\$40

